20 NOVEMBER 2010

HEADLINES

Combat Logistics Battalion-3

O Ka Hana, 'A'ole Ka 'Olelo

LOGISTICS BATTALION

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FROM THE CO

Dear family and friends,

Another month has quickly passed by, and for those here with me at

Camp Dwyer, we have completed our first month since the Transfer of

Authority. The Battalion continues to perform well in the

environment of Afghanistan, and I hope by now you have seen the deployed newsletter with its stories and photos of the Battalion's accomplishments so far.

I know that the Marines and Sailors back at K-Bay have also been

working hard and putting in long hours to improve the personnel and equipment readiness of the battalion. They have made signifi-

cant

progress in a short time and I am proud of their efforts. I am also

told that they all had a great FGE Birthday Ball on the 7th. We too had

a cake cutting ceremony on 10 November to celebrate the Marine Corps

birthday. Everyone here is looking forward to next year's birthday

ball, when we all can celebrate together back in Hawaii.

The next big event on the calendar is Thanksgiving, and while not all

of the Battalion will be together this year, know that those deployed

will be thinking of home and of family as we share our holiday meal here

at Camp Dwyer. No matter where you are for the holiday, I wish you all a safe and happy Thanksgiving.



Semper Fidelis! LtCol Hank Lutz

FROM THE SERGEANT MAJOR

Inside this issue:

From the FRO	3
Chaplains Corner	4
Promotions	5
OPSEC	6
MOTOMail	7
FaceBook	8
EVENTS	9

I want to thank all the family members that attended the Family Readiness Officer "meet and greet" to paint banners for our deployed Marines. I have seen many pictures of this event and it looks like everyone had a lot of fun. I can't wait to see pictures of the finished product, I'm sure someone will take pictures of that event.

Please continue to stay engaged with our FRO, Mr. Jerome Morris, he has more information about what is going on in Kaneohe Bay than anyone else I know.

I want to touch on a subject that is important because if not addressed at this time in the deployment it may cause grief and confusion later. I am speaking specifically about falsehoods that are beginning to surface for unknown reasons.

I wanted to clear any concerns for the forward deployed Marines and Sailors that will be in country of a total of seven months. We do not expect this deployment will end early as we are on track to return to Okinawa and Hawaii in April 2011

As always, I appreciate your unfailing devotion to our battalion. Your Marines and Sailors are doing great and I am very proud of them.



Semper Fidelis SgtMaj Angela Maness



FORCE GENERATION ELEMENT (FGE) SNCOIC

Dear Friends and Families,

I want to welcome back the EOD Marines that have returned from Afghanistan. Thank you for a job well done. I also want to thank the families for their support during this deployment. They couldn't have done their job if it wasn't for your loving support.

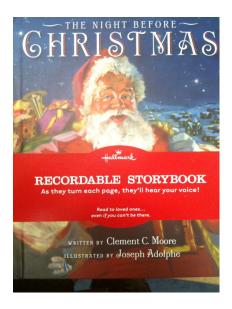
For all the families that attended this year's Marine Corps ball, I hope you enjoyed the festivities. It was a successful event and it wouldn't have been as enjoyable if it wasn't for

attendance. I hope next year we have as much fun as we did this year.

The holiday season is upon us. This time of year can be very stressful. If you are in need of any assistance during this time, please don't hesitate to ask for help. We are here for you. Take care of each other and enjoy the holidays!

Semper Fi,

MSgt Jonathan Scott



RECORDABLE BOOKS

We have over 100 recordable Christmas books in the office. They are free and will be first come—first serve with the deployed families taking priority. We would like to thank Cheryl Robertson from Hallmark for the generous donation.

COMBAT LOGISTICS BATTALION-3

Military OneSource

Whether its help with child



care, personal finances, emotional support during deployments, reloca-

tion information, or resources needed for special circumstances, Military OneSource is there for you... 24/7/365! Online or by phone, Military OneSource is fast, confidential, and easy to use, and there is no cost to the servicemember!



Follow the battalion's deployment on Facebook!!
Come visit us at Combat
Logistics Battalion 3!!

IMPORTANT PHONE NUMBERS

CLB-3 Officer of the Day: (808) 257-1600 Red Cross: (808) 257-8848 Child Protective Services: (808) 832-5300 Domestic Violence Hotline: (808) 531-3771 Federal Fire Department: (808) 471-7117 PMO KBav: (808) 257-9111 Branch medical clinic: (808) 257-3365 Housing Office KBay: (808) 257-1257

Bus Schedules: (808) 848-5555

READINESS AND DEPLOYMENT SUPPORT

Kids-N-Deployment
Kids-N-Deployment provides a
structured setting to help children
positively and successfully cope
during deployment. Puppets Sam,
Chris and Mr. Worry help children
work through their concerns about
deployment. Two concurrent sections of the workshop will be offered: Workshop for Kids and Parents Helping Kids.

Kids "In the Midst" Workshop Kids In the Midst Workshop is an interactive workshop consisting of four venues. These four venues are designed to give children F.E.E.T. Fun, Education, and Exciting Tools that help kind ages 4 - 18 years old with military life. Help Your Kids get on their F.E.E.T.

Kids-N-Reunion
This workshop helps prepare kids
for the return of the deployed military member. Puppets Sam, Chris
and Mr. Worry return to ease children's fear about homecoming.
Concurrent workshops will be
offered for kids and for patents.
Learn ways to make homecoming
fun for the entire family.

For more information on these

upcoming workshops, please contact Readiness and Deployment Support Trainers:

Readiness and Deployment Support Trainers:

808-257-2658 or 808-257-2650



FROM THE FAMILY READINESS OFFICER

Aloha Family,

One month has passed and we are getting settled into our new routine. I am hoping that the transition is going smoothly with all of you, but I know some are going through a rough spot. If you are having a rough time please contact us here at the Family Readiness Center so we can assist with your transition.

Just recently we held an In the Midst Brief for our little ones. They were able to talk about what they are feeling during the separation caused by this deployment. Our kids found out that talking with someone helps and they were given some suggestions to overcome some of their feelings. There are many resources available for our adult family members as well, so don't be afraid to ask for help.

On a lighter note we celebrated the Marine Corps Birthday on November 7, 2010 and had a great time. Also some of you participated in making banners for our deployed Marines and Sailors. It was nice seeing your faces and read some of the notes being offered to our heroes. The Thanksgiving Potluck dinner is our next event being held at the MCBH Cabana, Conference room at 12:00 to closingl. This is another great opportunity to meet and reach out to other family members during this day of thanksgiving. We should share time together and be thankful for having Marines and Sailors who are willing to give of themselves to protect our way of life in this great nation. Coming soon will be our family day to celebrate the winter holidays. It is schedule for December 17, 2010 at the MCBH, Cabana. There will be more to come on this event so mark your calendar.

As always I invite you to stop by just to visit or volunteer here at the Family Readiness Center. It is here where we can plan many events that you and the kids can participate. Quoting Sister Sledge remember "We are family."





FRO Office: (808) 257-2514 (C) (808) 347-5710

Dep FRO: (808) 257-2023 (C) (808) 366-964

CHAPLAIN'S CORNER

GIVING THANKS

In just a few weeks, people from all over this nation will come together to celebrate Thanksgiving. Their tables will be adorned with turkey and dressing, mash potatoes and gravy, cranberry sauce, hot rolls smothered with butter and fresh homemade macaroni and cheese: And do I dare mention the desserts—Pecan, pumpkin, apple, and rhubarb pie, German chocolate cake and chocolate mousse delight; I better stop there, I'm getting really hungry. As this nation comes together to celebrate this season of thanksgiving, what will you be giving thanks for?

To give thanks shows appreciation. It is a moment that takes the focus off of our own lives and gives

honor and sincere gratitude to others for the many things they have done and are doing. I often counsel people who feel unappreciated, taken for granted, and/or overlooked altogether. They come to believe that they have nothing to live for and no reason to give thanks. Last month I discussed the parable of the prodigal son. To continue with it, when the father saw his son returning home, he was filled with joy and gave thanks by giving a feast in honor of his son's return. The father did not scold him for squandering his inheritance. He did not assign him a job with the servants to punish him for going away. His father gave thanks, embraced his son and showed him the unconditional love of a very loving father.

King David wrote in Psalm 106:1, "Give thanks to the

LORD, for he is good; his love endures forever." So, I don't know what you have planned for this thanksgiving nor do I know what you will be giving thanks for. What I do know though, is that if you will take the time to look beyond yourself and whatever troubles that may have filled your heart, you will find a good God that loves you unconditionally and only wants the best for you. I pray you find His love during this great season of giving and that His blessings be upon you and your family.

God Bless and have a Happy Thanksgiving,

Chaplain Gary Foshee



Office: (808) 257-1565

Acts 20:35--I have shown you all things, how that so laboring ye ought to support the weak, and to remember the words of the Lord Jesus, how he said, It is more blessed to give than to receive

CREEDO

Enhancing Readiness · Transforming Lives Optimizing Leadership Po-

CREDO is the Chaplain's Religious Enrichment Development Operation, a service of the United States Navy Chaplain Corps. This retreat ministry is funded by the Chief of Naval Operations and sponsored by the Navy Chief of Chaplains.

CREDO offers Personal Growth Retreats and Marital Enrichment Retreats. With the most beautiful oceanfront locations on Oahu,

CREDO offers participants a place to relax and get away from the stresses of everyday life.

CREDO weekends are available to all active duty, military spouses, Reservists, Retirees,

and DoD civilian employees, and their dependents.

To register for a retreat, please call 808-257-1919 during regular office hours.

Kaneohe Bay Phone: 808-257-1919 Monday-Friday, 0800-1630



MARINE CORPS FAMILY TEAM BUILDING

Staci Holt

L.I.N.K.S. Trainer

257-2368 or staci.holt@usmc.mil

Wear RED on Fridays!! Show your support!!!







L.I.N.K.S.

Beyond the Brief "Stress Busters"

MCFTB hosts a series of classes for spouse and family members of deployed Marines and Sailors. LifeSkills sessions are targeted specifically to help Marines and their families successfully meet the challenges of everyday life, the mobile military lifestyle, and heightened operational/ deployment tempo by targeting three main areas of Marine families: Family Life, Individual Enhancement, and Leadership Development. Contact Jocelyn Pratt, Life-Skills Trainer at 808.257.2653 or Jocelyn.pratt@usmc.mil to register for any or all of these Upcoming LifeSkills classes.



PROMOTIONS AND AWARDS

TO LCPL

Blanton, Chad T. CSoka Jr., James R. June, Robert D. Kelly, Sean T Kidd Jr., Alan T. Miles, Jonathan H. Pijanka, Neil P.

TO CPL

Brito, Francisco Brito, Ronnie J. Fox, Catriona F. Hemberger, Edward N. Her, Mike T. Kvam, Edward M. Lindenmuth, Theron T. Long, Nathan W. Martin, Wade T. MonzonRomero, Jairo E. Newton Jr., Edgar A Sada, Samson Salcedo, Andres Skjolaas, Micah L. Tobler, Kevin L. Vigil, JimmyLee C. Wiggins, Travis S. Winburn, Brandon A.

TO SGT

Aguirre, Mario
Carder, Charles B.
Chan, Ricky J.
Cortes, David
Hembree, Earlanna I.
HurtadoAguirre, Alejandro
Marrufo, Jose L.
McMahon, Christopher G.
Meas, Sophia
Peterkin, Phillip C.
Phelps, Joel S.
Ramos, Carlos S.
Rodriguez, Fred A.
Stettinger, Dominic J.

Washington, Tamara M.

TO SSGT

Bowman, Johnathan T. Clarke, Dwight K. Gaede, Anthony L. Howard Jr., Thomas J. Munoz, Adolfo G. Nguyen, Khoi M. Wistinghausen, Justin M.

Family Readiness Assistant Training

How can I help? What can I do? Come find out how you can be an active supporter of your Marine or Sailor's unit. Attend this great two day course to learn how you can be a Family Readiness Volunteer. Child care is reimbursed.

When: December 14-15 0900-1200 Where: MCFTB Conference Room





Combat Logistics Battalion 3
Family Readiness Team



Bldg 1074 MCBH

Phone: (808) 257-2023

-mail:

andrew.L.mccormack@usmc.mil





CLB-3 HOLDAY PARTY

Happy Chanukah Merry Christmas

Mele Kalikimaka

Happy Holidays



WHEN: December 17th, 2010

WHERE: The Cabanas at MCBH (Other side of the

flightline)

WHO: EVERYONE!!!

WHAT: The CLB-3 Holiday party. There will be

bouncy houses, balloons, Steve-o the clown, The mobile game vans, great food, awesome friends and of course, the big man himself—

SANTA!!!



OPSEC AND SOCIAL **N**ETWORKING SITES

SOCIAL NETWORKING SITES (SNS), like Facebook® and Twitter®, are software applications that connect people and information in spontaneous, interactive ways. While SNS can be useful and fun, they can provide adversaries, such as terrorists, spies and criminals, with critical information needed to harm you or disrupt your mission. Practicing Operations Security (OPSEC) will help you to recognize your critical information and protect it from an adversary. Here are a few safety tips to get you started.

SAFETY CHECKLIST

Personal Information

Do you:

- Keep sensitive, work-related information OFF your profile?
- Keep your plans, schedules and location data to yourself?
- Protect the names and information of coworkers, friends, and family members?
- Tell friends to be careful when posting photos and information about you and your family?

Posted Data

Before posting, did you:

- Check all photos for indicators in the background or reflective surfaces?
- Check filenames and file tags for sensitive data (your name, organization or other details)?

Passwords

Are they:

- Unique from your other online passwords?
- Sufficiently hard to guess?
- Adequately protected (not shared or given away)?

Settings and Privacy

Did you:

- Carefully look for and set all your privacy and security options?
- Determine both your profile and search visibility?
- Sort "friends" into groups and networks, and set access permissions accordingly?
- Verify through other channels that a "friend" request was actually from your friend?
- Add "untrusted" people to the group with the lowest permissions and accesses?

Security

Remember to:

- Keep your anti-virus software updated.
- Beware of links, downloads, and attachments just as you would in e-mails.
- Beware of "apps" or plugins, which are often written by unknown third parties who might use them to access your data and friends.
- Look for HTTPS and the lock icon that indicate active transmission security before logging in or entering sensitive data (especially when using wi-fi hotspots).

THINK BEFORE YOU POST! Remember, your information could become public at any time due to hacking, configuration errors, social engineering or the business practice of selling or sharing user data. For more information, visit the Interagency OPSEC Support Staff's website.

Think. Protect. OPSEC. www.ioss.gov

Art for Wounded Marines!



Hey Kids!! We need your help to send good wishes to Wounded Marines.

The National Museum of the Marine Corps is sponsoring a collection of original art to display in the Wounded Warrior wing of the National Naval Medical Center in Bethesda, Maryland.



What you can do to help: Use an 8½ X 11 paper to create a message and a picture for a Marine. You may draw, color or paint your picture. Be sure to put your name, hometown and grade level on the back of your artwork! All artwork should be sent in a flat, rigid envelope and postmarked by November 30, 2010.

Submit your art by mail before November 30, 2010:

The National Museum of the Marine Corps
Atm: Teacher in Residence
18900 Jefferson Davis Highway
Triangle, VA 22172-1938

NATIONAL MUSEUM
MARINE CORPS*

www.usmcmuseum.org

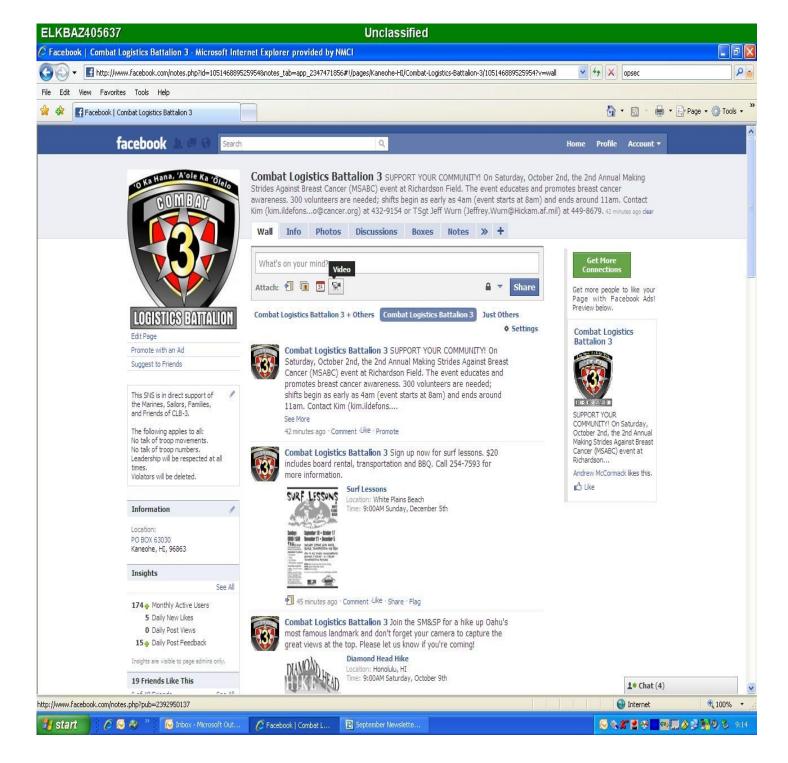
Phone: 703 221-8430 Fax: 703 221-8431

E-mail:

daniels@marineheritage.org

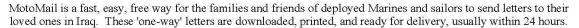
Artwork will not be returned and will become the property of the National Museum of the Marine Corps







MotoMail Instructions



MotoMail is endorsed by Marine Corps Community Services, and unlike e-mail, can be taken anywhere and read and reread.

To participate in the program, follow the instructions below.

- 1. Go to the MotoMail website at www.motomail.us/login.cfm.
 - 2. Click on the New MotoMail Account box.
- 3. Enter the security verification code in the first box, as it appears on your screen.
 - 4. Enter your email address in the second box.

Note: If you do not have an email account, click on the Create Yahoo Email box at the bottom of the screen.

- 5. Click on Continue to Next Step box.
- 6. Read the Terms/Disclaimer, and if you agree to the terms and conditions of use of MotoMail, click on the **Accept**
 - 7. Select your country of residence, select Marine Corps, and click on Continue.
- 8. Fill in the form provided with *your* (the sender's) information, to include a password for your MotoMail account, then click on **Continue**.
- 9. Highlight the deployed address of the Marine or Sailor you would like to send MotoMail, and click on Continue.
 - 10. Fill in the information on the Marine or Sailor you would like to send MotoMail, and click on Continue.
- 11. A Welcome Note is provided for your information and reference. Once you delete the Welcome Note, you will be brought to your address book where you will be able to see the Marine or Sailor's name that you entered earlier.
 - 12. From your address book you can compose letters, add addresses, and begin sending MotoMail.





Sundays Q900-1500

\$ 20 per person First come/first served, limited to 25 participants

REMEMBER TO BRING

- Sunscreen
- Towel
- Dry Clothes
- "Reef-walkers" suggested

4 Easy Ways to Sign Up!

- Walk in Bldg 3037, Semper Fit Center
- Walk in Bldg 1629, Single Marine & Sailor Program Office
- 3. Phone 254-7593, Single Marine & Sailor Program Office
- Email Single Marine & Sailor Program Coordinator neil.morgan@usmc-mccs.org

No USAIC or Federal government endorsement of sponsor

September 19 • October 17 November 21 • December 5

INCLUDES: LESSONS, GEAR RENTAL (BOARD), TRANSPORTATION AND BBQ!

OPEN TO ALL SINGLE /UNACCOMPANIED MARINES & SAILORS - ES & BELOW TRANSPORTATION PROVIDED

0900 Meet at Kahuna's Rec Center (K-Bay)

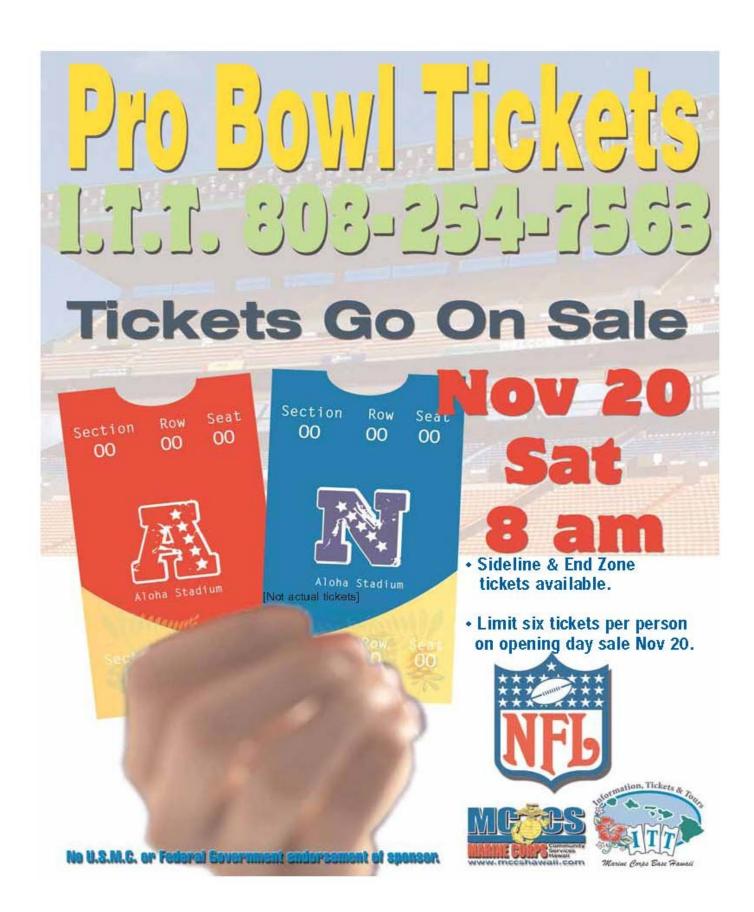
0930 Depart K-Bay (Rec Center)

1500 ETA to K-Bay

For more info contact SM&SP Coordinator Neil Morgan at 254-7593









Two Sessions

- First session Dec 20 23.
- · Second session Dec 27 30.

No camp for Dec 24 or 31.

 Campers can sign-up for one or both sessions-space permitting.



Open to all CYTP members ages 5 - 12

- 2000 sq. ft. carpeted and A/C activity room
- A wide variety of fun and educational activities
- Arts and Crafts Music Field Trips Sports
- Campers will be given a USDA breakfast and afternoon snack
- · Fees are based on total family income
- Professional Youth Activities Staff with a 1:15 ratio

Register at CYTP Resource and Referral Office • Bldg 5082 Resource and Referral is open Mon - Fri • 0730 - 1700. A non-refundable \$50 deposit is required to secure your place in camp. This will be applied to your first session cost.

Registration begins Mon • Nov 22 • Single and Dual Active Duty Households

Registration begins Mon • Nov 29 • Working Spouses & Full Time Student Households

Registration begins Thu • Dec 2 • All Other Category Households



For more info call Youth Activities **808-254-7610** or Resource and Referral **808-257-7240**



